



Peer Support

Ear to Listen, Voice to Assist

#### How to File a WCB Claim

# There are many situations which you would be compelled to initiate a WCB claim;

- 1) You may require immediate assistance after a difficult call,
- 2) You may develop delayed symptoms from a call(s),
- 3) Your psychologist may recommend you initiate a claim to get psychological services covered
- 4) A peer support member may suggest you initiate a claim
- 5) Your physician may recommend you initiate a claim

#### There are many ways to initiate a WCB Claim

### Workplace:

Your supervisor may direct you. If you do not want to utilize their help, you may fill out an *Incident/Injury Package*. Documentation is important to helping your claim get processed. Be sure to include dates, times, call numbers, symptoms, psychologist name, etc..

#### Hand your form to any supervisor or manager to begin claim

Initial Report of Injury Form: <a href="https://myaccount.wcbsask.com/online-services/report-an-injury-w1">https://myaccount.wcbsask.com/online-services/report-an-injury-w1</a>

If your claim is denied or refused, you can always appeal the decision and get help from the Worker's Advocate:

## Office of the Workers' Advocate

Toll Free1-877-787-2456 (WCB Appeal Advocate Services)Toll Free1-833-233-1003 (SGI Appeal Advisor Services)

**FAX** 306-787-0249

Email workersadvocate@gov.sk.ca

Mailing Address 300 - 1870 Albert Street, Regina, SK, Canada, S4P 4W1